

Community Herbalism Intensive Syllabus 2018

DATES	MONDAY 2:00-8:00	TUESDAY 10:30-4:30	WEDNESDAY 2:00-8:00
May 14-16	Welcome & Introductions	Wildcrafting Tools <i>Field Walk</i>	Overview of Body Systems
May 21-23	Botanical Preparations I Clinical Skills	Botany and Plant Phylogeny I <i>Field Walk</i>	Constitutional Evaluation Ayurveda
May 28-30	First Aid I Overview and Basics	Botany and Phylogeny II <i>Field Walk</i>	First Aid II First Aid Field Stations
June 4-6	Digestive System Anatomy and Physiology	Plant Identification <i>Field Walk</i>	Digestive System Treatment Strategies
June 11-13	Botanical Preparations II First Aid III	Plant Identification <i>Field Walk</i>	First Aid IV First Aid Checklist
June 18-20	Wildcrafting Skills First Aid V	First Aid VI	First Aid VII Role Playing
June 29-July 7	Southeastern Rainbow Gathering Meet June 30 at 1 pm		
July 8-12	Field trip post Rainbow Gathering		
July 16-18	No classes this week		
July 23-25	Guest Teacher Amanda David	<i>Field Walk</i>	Formulation
July 30-Aug 1	Nervous System Anatomy and Physiology Headaches	<i>Field Walk</i>	Nervous System Physiology and Treatment Strategies
August 6-8	Mental Health 1 Strategies and Treatments	Mental Health 2 Sue Mueller-Diabetes	Leave for Adirondack Field Trip
August 8-15	Field Trip-Adirondacks (and Student Presentations)		
August 20-22	Male Reproductive System Physiology & Treatment Strategies	Healing Spirits Herb Farm	Male Reproductive System Prostate Remedies
August 27-29	No Class	Guest Teacher Cal Janae	Guest Teacher Ly Rounds
September 3-5	Kidneys & Urinary System Anatomy & Physiology	<i>Field Walk</i>	Kidneys & Urinary System Treatment Strategies

September 10-12	No class Drive time to N. Carolina	Field Trip near Asheville, NC September 12-18 Classes start Wednesday morning	
Sept 17-19	Field Trip near Asheville, NC Classes end Tuesday evening		
Sept 24-26	Respiratory System Anatomy & Physiology	<i>Field Walk</i>	Respiratory System Treatment Strategies
October 1-3	Immune System I Overview	<i>Field Walk</i> Fischer Old-Growth Tract	Immune System II Innate and Adaptive
October 8-10	No classes this week		
October 15-17	Guest Teacher Cal Janae	<i>Field Walk</i> Upper Treman SP	Immune System III Treatment Strategies
October 22-24	Trans Health Vilde Chaya	<i>Plant Quiz</i>	Cardiovascular System Anatomy & Physiology
October 28	Student Presentations at the Ithaca Free Clinic		
October 29-31	Student Presentation Reviews Cardiovascular Treatment Strategies	<i>Field Walk</i>	Hepatic System
November 5-7	Overview of Body Systems	Winter Plant Identification <i>Field Walk</i>	Medicinal Plants Clinical Skills
November 12-14	Medicinal Plants Clinical Skills	Winter Plant Identification <i>Field Walk</i>	Medicinal Plants Slide Show Class Party

Please Note

- The first 1½ hours on Monday are for student questions
- The first 1½ hours on Wednesday (after July 20) are student clinics (see note about student clinics in incoming student letter)
- **Green Headings** are class field trips and special events
- *Field Walks* are excursions around Ithaca to study plants and other aspects of the environment
- **Blue headings** are guest teachers