

Community Herbalism Intensive Syllabus 2019

DATES	MONDAY 2:00-8:00	TUESDAY 10:30-4:30	WEDNESDAY 2:00-8:00
May 11-13	Welcome & Introductions	Wildcrafting Tools <i>Field Walk</i>	Overview of Body Systems
May 20-22	Botanical Preparations I <i>Overview</i> Clinical Skills I	Botany and Plant Phylogeny I <i>Field Walk</i> Mulholland Wildflower Preserve	Clinical Skills II Constitutional Evaluation- Ayurveda
May 27-29	Botanical Preparations II Tincture ratios Salix	Botanical Preparations III Acorus <i>Field walk</i> Ringwood Preserve	Visit the Ithaca Free Clinic Botany and Phylogeny II How to use Newcomb's
June 3-5	Guest Teacher <i>Amanda David</i>	Plant Identification <i>Field Walk</i>	First Aid I First Aid Basics
June 10-12	First Aid II Setting up a First Aid station	Plant Identification <i>Field Walk</i>	First Aid III
June 17-19	First Aid IV First Aid Checklist	Wildcrafting Skills And Medicine Preparation	Digestive System I Physiology and Anatomy
June 24-25	Digestive System II Treatment Strategies	First Aid VII Role Playing	No Classes
June 29-July 7	Wisconsin Rainbow Gathering Meet June 30 at 1 pm		
July 8-12	Field trip post Rainbow Gathering-Hiawatha NF, UP, Michigan		
July 16-18	No classes this week		
July 22-24	Student Clinic Street/Activist Medicine	<i>Field Walk</i> Cornell Plantations	Student Clinic Mental health-Trauma herbs
July 29-31	Guest Teacher <i>Vilde Chaya</i> <i>Trans-Health</i>	Field Walk School Grounds Salve Making Class	Mental Health Strategies and Treatments
August 5-7	Nervous System 1	No Classes	Leave for Adirondack Field Trip
August 7-14	Field Trip-Adirondacks (and Student Presentations)		

August 19-21	Student Clinic Male Reproductive System I Physiology & Treatment Strategies	Healing Spirits Herb Farm	Male Reproductive System II Guest Teacher Sue Mueller Diabetes Education
August 26-28	Student Clinic	Guest Teacher Jessica Lawlor Female Reproductive System	Guest Teacher Jessica Lawlor Female Reproductive System
September 2-4	Kidneys & Urinary System Anatomy & Physiology	<i>Field Walk</i>	Kidneys & Urinary System Treatment Strategies
September 10-12	No class Drive time to N. Carolina	Field Trip near Asheville, NC September 12-18 Classes start Wednesday morning	
Sept 17-19	Field Trip near Asheville, NC Leave on Wednesday morning		
Sept 23-25	No classes this week		
Sept 30-Oct 2	Respiratory System Anatomy & Physiology	<i>Field Walk</i> Fischer Old-Growth Tract	Respiratory System Treatment Strategies
October 7-9	Immune System I Overview	<i>Field Walk</i> Upper Treman SP	Guest Teacher Cal Janae Ecology & Ethics for Wildcrafters and Foragers.
October 14-16	Guest Teacher Ly Sudorn	<i>Plant Quiz</i>	Immune System II Treatment Strategies
October 21-23	Cardiovascular System I Anatomy & Physiology	Onondaga Nation Class and Field Walk	Cardiovascular System II Treatment Strategies
October 27	Student Presentations at the Ithaca Free Clinic		
October 28-30	Student Presentation Reviews Hepatic System	<i>Field Walk-Hammond Hill</i>	Medicinal Plants
November 4-6	Tooth and Gum Health Headaches	<i>Winter Plant Identification</i>	The Dystopian Herbalist-Class and Role Play
November 11-13	Medicinal Plants Clinical Skills	<i>Winter Plant Identification</i> Less Common Medicinal Plants	Medicinal Plants Slide Show Class Party

Please Note

- The first 1½ hours on Monday are for student questions
- **Green Headings** are class field trips and special events
- *Field Walks* are excursions around Ithaca to study plants and other aspects of the environment
- **Blue headings** are guest teachers