

# Book and Resource List

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Below are the 4 **required books** for the Community Herbalism Intensive (CHI) and the Weekend Herbal Program (WHP). The rest of the list includes a wide variety of books and websites that students may find useful. This is only a small smattering of books and resources. Many states, regions and parks have their own plant identification books and plant lists.

I suggest scouring for used books online and book stores soon as good buys come and go quickly. While there are many places to find used books online, Amazon often has the best prices. If you have a human physiology textbook, it may come in handy.

In the realm of field guides and herbal medicine, editions are important. With some books, especially field guides, the newer editions are more up-to-date and easier to use. With older herbals, earlier editions may be useful. For books you are bringing into the field with you, a hardcover copy may be preferable.

## Required for Class-price range included as a rough estimate

1. *Plant Identification Terminology: An Illustrated Glossary*-Harris \$18
2. *Newcomb's Wildflower Field Guide*-Newcomb \$8 (paperback), \$16 (hardcover)
3. *Manual of the Vascular Plants of the Northeastern United States and Adjacent Canada*-2<sup>nd</sup> edition revised. Gleason and Cronquist \$70. Make sure you are purchasing this edition, not an earlier one.
4. *The Illustrated Companion to Gleason and Cronquist's Manual*-Holmgren \$125

**Note**-The least expensive way to purchase the above two books is to buy them together from the publisher-\$150 <http://www.nybgpress.org/Products/4948/two-volume-set-gleason--cronquist-manual-and-the-illustrated-companion.aspx>

## Books

\* Books and websites I find particularly interesting or useful

**Field and Nature Guides**-Emphasis on Northeastern plants.

1. *Botany in a Day* 4<sup>th</sup> edition-Elpel
2. *Common Weeds of the United States*-USDA
3. *Eyewitness Books Plant*-Burnie

4. **Ferns of NE and Central N. America**-2<sup>nd</sup> ed. Peterson Field Guide-Cobb
5. **Flora of the Cayuga Lake Basin** (1925)-Weigand and Eames
6. **\*Flora of the Northeast**-Magee and Ahles
7. **Flora Novae Angliae; Plants of New England**-Haines
8. **Flora of West Virginia**- (2<sup>nd</sup> ed.) Strausbaugh and Core
9. **Flowering Plant Families**-Zomlefer
10. **Fruit and Twig Key**-Harlow
11. **\*Gazetteers** (detailed road maps)-for school and field travels
12. **How to Identify Grasses and Grasslike Plants**-Harrington
13. **Lichens of N. America**-Brodo, Sharnoff
14. **Mushrooms Demystified**-Arora
15. **North American\* Mushrooms: A Field Guide to Edible and Inedible Fungi**-Miller
16. **North Wood Wildflowers**-A Falcon Guide-Ladd
17. **Photographic Atlas of Botany and Guide to Plant Identification**-Castner
18. **Reading the Forested Landscape**-Wessels
19. **Season of Promise: Wild Plants in Winter**-Roberts
20. **Spring Wildflowers of the Northeast**-Gracie
21. **\*The Book of Field and Roadside**-Eastman
22. **The Book of Forest and Thicket**-Eastman
23. **The Book of Swamp and Bog**-Eastman
24. **The Forager's Harvest**-Thayer
25. **The Forest Carpet**-Malcolm
26. **The Jepson Manual: Vascular Plants of California**
27. **\*The Plants of Pennsylvania**-Rhoads and Block
28. **The Student's Guide to Flowering Plants**-Wood
29. **The Tree Identification Book**-Symonds
30. **\*The Shrub Identification Book**-Symonds
31. **\*Wildflowers in the Field and Forest**-A Field Guide to the Northeastern United States-Clemants and Gracie
32. **Wild Urban Plants of the Northeast: A Field Guide**-Del Tredici
33. **Weeds of the Northeast**-Uva, Neal, DiTomaso

## **Herbal and Medical Reference**

@These books can be found and read online

1. @**A Modern Herbal**-M. Grieve (2 volumes)
2. **Botanical Medicine for Women's Health**-Romm
3. @**Eclectic or Physio-Medicalist books**-by any of the following authors: J. King, J Scudder, Felter, Ellingwood, W. Cook, Culbreth, J.U. Lloyd
4. **Edible Wild Plants of the Prairie**-Kindscher
5. **Herbal Medicine**-Blumenthal
6. **Herbal Medicine**-Weiss
7. **Herbal Medicine Past and Present, Vol. II**-Crellin/Philpott
8. @**Herbal Repertory in Clinical Practice**-Moore

9. **Herbal Therapeutics**-Hoffman
10. **Herbs, Nutrient and Drug Interactions**-Stargrove, Treasure, McKee
11. **@King's American Dispensatory**-Felter and Lloyd
12. **Medicinal Plants of the Desert and Canyon West**-Moore
13. **Medicinal Plants of the Mountain West**-Moore
14. **Medicinal Plants of the Pacific West**-Moore
15. **National or U.S. Dispensatory**-any prior to 1926
16. **Native American Ethnobotany**-Moerman
17. **Pharmacognosy, Phytochemistry, Medicinal Plants** 2<sup>nd</sup> edition–Bruneton
18. **Pharmacopoeia's or National Formularies**-prior to 1918
19. **Principles and Practice of Phytotherapy**-Mills and Bone
20. **Remington's Practice of Pharmacy** (pre-1926)-Remington
21. **Specific Diagnosis** (1874)-Scudder
22. **The Consultation in Phytotherapy**-Conway
23. **The New Holistic Herbal**-Hoffman
24. **\*The Human Body**–Clayman
25. **Why Zebras Don't Get Ulcers**-Sapolsky
26. **Women's Hormones and the Menstrual Cycle**-Trickey

## Websites

Note-some of the below links are not currently working though you can just cut and paste the title in a search bar.

### Herbal Medicine Information

1. [Henriette's Herbal Homepage](#)-many older herbal texts are on this site
2. [Herb Research Foundation](#)
3. [Jim Duke's Database](#)
4. [Jim McDonald Website](#)
5. [Kiva Rose's Blog](#)
6. [Michael Moore's Website](#)
7. [Sevensong](#) (Facebook page)

### Plant Identification and Botany

Please note, many specific areas (i.e., Joshua Tree NP) have their own plant lists. To find them, search the name of the place plus plants (Plants of Joshua Tree NP). Look through the site and see if they have any pdfs or other links. Many National Parks have a separate and sometimes complete plant list. Below are a few of the websites I have found useful on my travels.

- [Alabama Plants](#)
- [Atlas of Florida Vascular Plants](#)
- [Calflora](#)
- [Common Plants of Saguaro National Park](#)
- [\\*Flora of North America](#)
- [Flora of the Southeast](#)

- [\\*Go Botany-Plants of New England](#)
- [Missouri Plants](#)
- [New York State Flora Atlas](#)
- [USDA Plants of US Database](#)
- [Wayne's Word](#)
- [Wildflowers of the Southwest](#)

## **Organizations**

[American Herbalists Guild](#)

[United Plant Savers](#)