

# Weekend Herbalism Program

## Syllabus 2020

Northeast School of Botanical Medicine  
 7Song, Director  
 7Song.com

<b>Dates</b>	<b>Friday 6:00 pm-9:00 pm</b>	<b>Saturday 10:00 am-6:00 pm</b>	<b>Sunday 10:00 am-4:30 pm</b>
<b>Weekend 1 May 16-17 This class will be meeting online</b>	<b>No Class</b>	<b>10 am-4 pm</b> Introductions  Plant Identification  Newcomb's Wildflower Guide	<b>10:00 am-4 pm</b> Plant Identification Part 2  Herbs for Respiratory Infections
<b>Weekend 2 June 19-21</b>	Diagnosis and Clinical Skills  Student Clinic & Case studies	Wildcrafting Tools and Techniques  Plant Identification  Plant Walk	Medicine Making: Tinctures and Glycerites  Medicinal Plants and Clinical Skills
<b>Weekend 3 July 17-19</b>	Herbal Preparations: Oils and Salves  Student Clinic & Case Studies	Plant Identification: Vascular Plants of the Northeast  Plant Walk McLean Bog	Herbal First Aid: Plants, Skills and Treatment Strategies  Principle Plants of Herbal First Aid
<b>Weekend 4 August 21-23</b>	Herbal Formulation  Medicinal Local Plants	Plant Walk Finger Lakes National Forest  Plant Identification: Vascular Plants of the Northeast	Anatomy, Physiology and Treatment: Reproductive System
<b>Weekend 5 September 25-27</b>	Medicinal Plants  Formulation and Clinical Skills	Plant Walk-Upper Tremen State Park  Medicinal Plants Gathering, Preparation and Usage	Anatomy, Physiology and Treatment: Digestive System

<b>Weekend 6</b> <b>October</b> <b>16-18</b>	Medicinal Plants  Student Clinic & Case Studies	Winter Plant Identification  Plant Walk	Anatomy, Physiology and Treatment: Nervous System
<b>Weekend 7</b> <b>November</b> <b>6-8</b>	Winter Herbal Home Health Care part 1	Winter Herbal Home Health Care part 2  Student Presentations	Anatomy, Physiology and Treatment: Kidneys and Urinary Tract