

Community Herbalism Intensive Syllabus 2021

DATES	MONDAY 2:00-8:00	TUESDAY 10:30-4:30	WEDNESDAY 2:00-8:00
May 10-12	Welcome & Introductions	<i>Field Walk</i> NSBM Monkey Run	Overview of Body Systems
May 17-19	Wildcrafting and Medicine Making Tools Wildcrafting-May List	Botanical Identification <i>How to use Newcomb's</i> <i>Field Walk</i> Mundy Wildflower Garden	Constitutional Evaluation & Ayurveda
May 24-26	Overview of Body Systems II Botanical Preparations Tincture ratios Salix	Botany and Phylogeny Slide Show <i>Field walk</i> NSBM Ringwood Preserve	Botany and Phylogeny Slide Show <i>Field Walk</i> Ringwood Preserve
May 31-June 2	Q&A Student Clinic Overview of Body Systems III First Aid Bag	Phylogeny Slide Show <i>Field Walk</i> Mundy Wildflower Garden	Botanical Preparations Acorus Plant Identification Asteraceae First Aid Herbs
June 7-9	First Aid Setting up a First Aid station Guest Teacher Bevin Clare	Plant Identification Gleason and Cronquist <i>Field Walk</i> McLean Bog	Gleason and Cronquist First Aid Herbs
June 14-16	Student Clinic First Aid Herbs	<i>Field Walk</i> NSBM Durland Preserve	First Aid Herbs Activated Charcoal Staph Infections
June 21-23	Student Clinic First Aid Herbs Staph part II Allergies	<i>Field Walk</i> Roy Park South Gleason and Cronquist	Digestive System Physiology
June 28-30	Digestive System Treatment Strategies	No Classes	Leave for WV
June 30-July 7	West Virginia Field Trip		
July 12-14	No Classes		

July 19-21	Herbalist Street/Activist Medicine	<i>Field Walk</i> Jam Pond NSBM	Nervous System Part 1 Anatomy and Physiology
July 26-28	Student Clinic Nervous System Part 2 Physiology and Treatment	<i>Field Walk</i> Fischer Old Growth Tract	Guest Teacher Sue Mueller Diabetes Nervous System Strategies and Treatments
August 2-4	Medicinal Plants Of the Adirondacks and elsewhere	No Class	Leave for Adirondack Field Trip
August 4-11	Field Trip-Adirondacks (and Student Presentations)		
August 16-18	Guest Teacher Cal Janae Harm Reduction & Support for People Who Use Drugs & Alcohol	Healing Spirits Herb Farm	Guest Teacher <i>Field Walk</i> Bob Wesley Location TBA
August 23-25	Student Clinic Male Reproductive System Physiology & Treatment Strategies	<i>Field Walk</i> Cornell Botanical Gardens	Reproductive System II Physiology & Treatment Strategies
August 30- September 1	Kidneys & Urinary System Anatomy & Physiology	<i>Field Walk</i> Onondaga Nation	Kidneys & Urinary System Treatment Strategies
September 6-8	Guest Teacher Vilde Chaya Transgender/Transsexual Health	No Class	Field Trip- Gesundheit, West Virginia
Sept 8-15	Field Trip-Gesundheit, West Virginia		
Sept 20-22	No classes this week		
Sept 27-29	Guest Teacher & Field Trip AC Stauble (at her farm) Running an herb farm and business	Guest Teacher Cal Janae Ethics & Ecology for Wildcrafters & Foragers	Respiratory System Anatomy & Physiology
October 4-6	Respiratory System Treatment Strategies	<i>Plant Quiz</i> Location-TBA	Medicinal Plants

October 11-13	Immune System I Overview	Guest Teacher Jessica Lawlor Female Reproductive System	Guest Teacher Jessica Lawlor Female Reproductive System
Sunday October 17	Student Presentations at the Ithaca Free Clinic 10-6 pm		
October 18-20	Student Presentation Reviews Immune System Treatment Strategies	<i>Field walk</i> TBA	Cardiovascular System Anatomy & Physiology
October 25-27	Cardiovascular System Treatment Strategies	<i>Field Walk</i> TBA	Hepatic System Physiology and Treatment
November 1-3	Tooth and Gum Health Headaches	<i>Winter Plant</i> <i>Identification</i>	The Dystopian Herbalist -Class and Role Play
November 8-10	Student Clinic Medicinal Plants Clinical Skills	<i>Winter Plant</i> <i>Identification</i>	Medicinal Plants Slide Show Class Party

- The first 1-1 ½ hours on Monday are for student questions
- **Green Headings** are class field trips and special events
- *Field Walks* are excursions around Ithaca to study plants and other aspects of the environment
- **Blue headings** are guest teachers