

Community Herbalism Intensive Syllabus 2024

DATES	*MONDAY 2:00-8:00	TUESDAY 10:30-4:30	WEDNESDAY 2:00-8:00
May 13-15	Welcome & Introductions	Wildcrafting and Medicine Making Tools <i>Field Walk</i> Ringwood Preserve	Overview of Body Systems
May 20-22	Alex Klein Plant Walk	The Digestive System Anatomy and Physiology	<i>Field Walk</i> Mundy Wildflower Garden Digestive System Part II
May 27-29	Student Clinic Botanical Preparations Tincture ratios Salix Newcomb's Wildflower Guide	Newcomb's Part II Botany and Phylogeny Slide Show pt 1	Sue Mueller Diabetes Education Rainbow Gathering Herbal First Aid
June 3-5	Botanical Preparations Acorus calamus Botany and Phylogeny Slide Show pt 2	<i>Field walk</i> Monkey Run Herbal First Aid	Dr. Shetal Patel Vital Signs Herbal First Aid Checklist
June 10-12	Student Clinic Herbal First Aid	<i>Field Walk</i> 7Song's home Herbal First Aid Digestive Infections	Herbal First Aid Staph Infections
June 17-19	Student Clinic Herbal First Aid Allergic Reactions	First Aid Role Play	Herbal First Aid
June 29-July 7	Rainbow Gathering in California		
July 7-July 12 California Field Trip			
July 15-17	No Classes		

July 22-24	Student Clinic Herbalist Street/Activist Medicine	<i>Field Walk</i> Jam Pond	Male Reproductive System Anatomy and Physiology
July 29-31	Male Reproductive System Treatment Strategies	<i>Field Walk</i> Fischer Old Growth Tract	Nervous System Anatomy and Physiology
August 5-7	Student Clinic Nervous System Overview	Half day of classes 10:30-1:30 Plant Walk At 7Song's	Leave for Adirondack Field Trip
August 7-14	Field Trip-Adirondacks (and Student Presentations)		
August 19-21	Student Clinic Nervous System Treatment Strategies I	Field Trip Healing Spirits Herb Farm	Nervous System Treatment Strategies II
August 26-28	April Ward Gynecological Overview	Field Trip AC Farmstead Traveling Farmer	Gynecological Health part 2
September 2-4	Student Clinic Kidneys & Urinary System Anatomy and Physiology	Field Trip TBA	Kidneys & Urinary System Treatment Strategies
September 9-11	Tooth and Gum Overview and Treatment	No Class	Field Trip- Gesundheit, West Virginia
Sept 11-18	Field Trip-Gesundheit, West Virginia		
Sept 23-25	No classes this week		
Sept 30-Oct 2	Respiratory System Anatomy and Physiology	Field Walk TBA	Respiratory System Treatment Strategies
October 7-9	Headaches Overview and Treatment	Field Walk TBA	Immune System I Overview
October 14-16	Immune System II Treatment Strategies	<i>Plant Quiz</i> Location-TBA	Immune System III Treatment Strategies
October 21-23	Vilde Chaya Supporting Trans Folks with Herbs	<i>Field walk</i> TBA	Cardiovascular System Anatomy and Physiology

October 28-30	Cardiovascular System Treatment Strategies	<i>Field Walk</i> TBA	Hepatic System Physiology and Treatment
Saturday & Sunday November 2-3	Student Presentations		
November 4-6	Student Presentation Reviews	<i>Woody Plant</i> <i>Winter Identification</i>	The Dystopian Herbalist-Class and Role Play
November 11-13	Student Clinic Medicinal Plants Clinical Skills	<i>Winter Plant</i> <i>Identification</i>	Medicinal Plants Slide Show Class Party

*The first 1-1 ½ hours on Monday are for questions and student clinics

- **Green Headings** are class field trips and special events
- *Field Walks* are excursions around Ithaca to study plants and other aspects of the environment
- **Blue headings** are guest teachers