

Community Herbalism Intensive Syllabus 2024

DATES	*MONDAY 2:00-8:00	TUESDAY 10:30-4:30	WEDNESDAY 2:00-8:00
May 13-15	Welcome & Introductions	Wildcrafting and Medicine Making Tools <i>Field Walk</i> Ringwood Preserve	Overview of Body Systems
May 20-22	Alex Klein Plant Walk	The Digestive System Anatomy and Physiology	<i>Field Walk</i> Mundy Wildflower Garden Newcomb's Wildflower Guide
May 27-29	Botanical Preparations Tincture ratios Salix	Botany and Phylogeny Slide Show pt 1 <i>Field walk</i> Monkey Run	Sue Mueller Diabetes Education Rainbow Gathering Herbal First Aid
June 3-5	Botanical Preparations Acorus calamus	Botany and Phylogeny Slide Show pt 2 Herbal First Aid Checklist	Dr. Shetal Patel Vital Signs Herbal First Aid Checklist
June 10-12	Student Clinic Herbal First Aid	<i>Field Walk</i> 7Song's home Herbal First Aid Digestive Infections	Herbal First Aid Staph Infections
June 17-19	Student Clinic Herbal First Aid Allergic Reactions	First Aid Role Play	Herbal First Aid
June 29-July 6	Field Trip-United Plant Savers (UpS) Southern Ohio		
July 8-10	No Classes		
July 22-24	Student Clinic Herbalist Street/Activist Medicine	<i>Field Walk</i> Jam Pond	Respiratory Tract Part 1

July 29-31	Male Reproductive System Anatomy and Physiology	<i>Field Walk</i> 7Song's Home and Garden	Male Reproductive System A&P part 2 and Treatment
August 5-7	Guest Teacher Robert Wesley Class from 11-5 pm	No Classes	Leave for Adirondack Field Trip
August 7-14	Field Trip-Adirondacks (and Student Presentations)		
August 19-21	Student Clinic Nervous System Treatment Strategies I	Field Trip Healing Spirits Herb Farm	Nervous System Treatment Strategies II
August 26-28	April Ward Gynecological Overview	Field Trip AC Farmstead Traveling Farmer	Student Presentations Part 1
September 2-4	Student Presentations Part 2 Gynecological Disorders and Treatment 1	Gynecological Disorders and Treatment 2 Field Walk Ellis Hollow Preserve	Respiratory Herbs part 2
September 9-11	Tooth and Gum Overview and Treatment	No Class	Field Trip-Gesundheit, West Virginia
Sept 11-18	Field Trip-Gesundheit, West Virginia		
Sept 23-25	No classes this week		
Sept 30-Oct 2	Kidney and Urinary System Anatomy and Physiology	Field Walk Cornell Botanic Gardens	Kidney and Urinary System Treatment Strategies I
October 7-9	Kidney and Urinary System Treatment Strategies II	Field Walk TBA	Cardiovascular System Anatomy and Physiology
October 14-16	Headaches Materia medica	Field Walk TBA	Cardiovascular System Treatment Strategies
October 21-23	Vilde Chaya Supporting Trans Folks with Herbs	<i>Plant Quiz</i> Location-TBA	Immune System I Anatomy and Physiology
October 28-30	Immune System II Treatment Strategies	<i>Field Walk</i> TBA	Immune System III Hepatic System Physiology and Treatment

Sunday November 3	Student Presentations		
November 4-6	Student Presentation Reviews	<i>Woody Plant Winter Identification</i>	The Dystopian Herbalist-Class and Role Play
November 11-13	Student Clinic Medicinal Plants Clinical Skills	<i>Winter Plant Identification</i>	Medicinal Plants Slide Show Class Party

*The first 1-1 ½ hours on Monday are for questions and student clinics

- **Green Headings** are class field trips and special events
- *Field Walks* are excursions around Ithaca to study plants and other aspects of the environment
- **Blue headings** are guest teachers